



EST.

2023

# GURNARD PRESS

## BISTRO

### BREAKFAST

9:30am - 11:30am

#### BACON SANDWICH

Smoked Streaky Bacon served in either White or Wholemeal Bread Served with Chilli Jam. *gfo* £6.95

#### SAUSAGE SANDWICH

Sausage served in either white or wholemeal bread. *gfo, vgo* £6.95

#### PANCAKES

Pancake stack topped with smoked streaky bacon and maple syrup. £9.95

Pancake stack topped with yogurt, berries and maple syrup. £9.75

Vegan Pancake stack served with yogurt, berries and maple syrup. £9.95

#### AVOCADO TOAST

Served on sourdough topped with piri piri flakes *vg, gfo* £7.50

Add smoked streaky bacon £3.25

Add smoked salmon £3.25

#### ACAI BERRY BOWLS

Acai frozen berry bowl, topped with mixed nut granola, chia seeds, a variety of fresh fruit and a choice of peanut butter, greek yogurt or honey. £10.75

#### GREEK YOGURT

Greek yogurt topped with granola, berries and honey *gfo, vgo* £5.95

#### BUBBLE & SQUEAK

Topped with slices of smoked streaky bacon OR sausage topped with a fried egg. *gfo* £10.95

Topped with vegan sausages and mushrooms & cherry tomatoes *vg, gfo* £11.20

#### SCRAMBLED EGGS

Fluffy scrambled eggs served on either white or wholemeal bloomer *gfo* £6.50

Add smoked streaky bacon £3.25

Add smoked salmon £3.25

Sourdough 30P

#### CONTINENTAL BREAKFAST

Warm Croissant, preserves, Greek yogurt topped with granola and berries with a drizzle of Honey and a glass of fresh orange juice. *gfo* £7.95

#### TOAST & PRESERVES

White or Wholemeal toast served with Butter and Honey, Jam or Marmalade *vg, gfo* £4.25

Please do let a member of our team know if you have any allergies or dietary requirements

VG- Vegan VGO- Vegan option available GFO – Gluten Free Option available





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## LIGHT SNACKS

### CHEESE SCONE

*Served with butter*

£3.45

### CROISSANT

*All butter croissant*

£3.00

### SAVOURY AFTERNOON TEA

*Served with a Wedge of Brie OR Mature*

*Cheddar, Butter Caramelized Onion*

*Chutney & Salad Garnish*

£6.75

### CROISSANT WITH BUTTER

*All butter croissant with butter*

£3.20

### CROISSANT WITH BUTTER & JAM

*All butter croissant*

£3.95

### FRUIT SCONE

*Served with butter*

£3.45

### FILLED CROISSANTS

*All butter croissant filled with*

*smoked streaky bacon and*

*cheese (served hot)*

£5.25

### FRUIT SCONE

*Served with butter and jam*

£3.45

*All butter croissant filled with*

*cheese & tomato (served hot)*

£4.95

### AFTERNOON CREAM TEA

*With a Fruit Scone, Jam, Butter, Clotted*

*cream, Strawberries and a pot of tea or*

*Americano for 1.*

£7.50

### PAN AU CHOCOLAT

*Chocolate Filled Pastry*

£2.60

Delicious array of homemade cakes available.



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### JASPERS COFFEES

Latte	£3.40
Cappuccino	£3.40
Flat White	£3.40
Cortado	£3.20
Macchiato	£3.20
Mocha	£3.10
Single Espresso	£2.70
Double Espresso	£3.10
Americano	£3.30
Long Black	£3.30
Cafetiere	£3.30

DECAF AVAILABLE 20P  
VEGAN MILKS- SOYA, OAT, COCONUT 30P

### HOT CHOCOLATE

Milk Hot Chocolate	£3.60
White Hot Chocolate	£3.60
Cinnamon Hot Chocolate	£3.70
All Out Hot Chocolate	£4.20
With cream, Marshmallows & a hot chocolate treat	

### MILKSHAKES

Double Chocolate	£4.70
Strawberries & Cream	£4.70
Banoffee	£4.70
Biscoff	£4.70
Vanilla	£4.60
Salted Caramel	£4.60

### ICED COFFEES

Iced Latte	£3.80
Iced Cappuccino	£3.90
Iced Americano	£3.70
Iced Mocha	£4.20
Iced Caramel Macchiato	£4.30

SYRUPS: - Hazelnut, Caramel, Vanilla, Salted  
Caramel, Pumpkin, Spiced, Cookie Dough  
50P

### SPECIALITY DRINKS

Matcha Latte	£3.60
???	£3.60

### BIRCHALLS

Mug of Breakfast Tea	£2.80
By THE POT	
Breakfast Tea	£3.00
Decaf Breakfast Tea	£3.00
Green	£3.00
Peppermint	£3.00
Chamomile	£3.00
Redbush	£3.00
Chai	£3.00
Earl Grey	£3.00
Lemongrass & Ginger	£3.00
Red Berries & Flower	£3.00



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### SOFT DRINKS

Glass Bottle of Coca Cola	£3.30
Glass Bottle of Diet Coca Cola	£3.30
San Pellegrino Pomegranate	£3.20
Fentimans Rose Lemonade	£3.20
Still Water	£2.30
Sparkling Water	£2.30
Luscombe Sicilian Lemonade	£2.50
Luscombe Sparkling Elderflower	£3.60
Luscombe Sparkling Raspberry	£3.80
Luscombe Sparkling Orange	£3.80

### ALCOHOL

Single Mermaid Gin & Tonic	£7.50
Double Mermaid Gin & Tonic	£9.00
Mini Prosecco (20cl)	£7.50
Old Mout Strawberry & Apple Cidor	£4.95
Oid Mout Kiwi & Lime Cider	£4.95
Bottle Corona	£4.95
Bottle Peroni	£4.95
Bottle Moretti	£4.95
Bottle Fuggle De Dum	£5.20
Bottle of Ale of Wight	£5.20
Bottle of Island Ale	£5.20

### SMOOTHIES

Green Superfood	£4.60
Mixed Berries	£4.50
Mango & Pineapple	£4.50
Strawberry & Banna	£4.50

### CHILDRENS DRINKS

Babycino	£2.00
Small Hot Chocolate	£2.80
Apple & Pear Carton	£1.95
Glass of Milk	£1.80
Glass of Squash	£1.50

*Please ask for the wine selection*